Mary MacKillop Sun Smart Policy

This policy is designed to assist all students and staff attending Mary MacKillop College to protect their skin from harmful ultra-violet rays of the sun. It is to be implemented throughout the school year with particular emphasis during Terms 1 and 4.

CONSEQUENCES

As part of general SunSmart strategies the College will:

• Ensure there is adequate provision of shade within the school grounds for students, by planting trees and building shade structures.

• Incorporate appropriate educational programs that focus on skin cancer prevention into the school curriculum.

• Encourage positive role modelling of SunSmart behaviour by all teachers and ancillary staff.

• Seek ongoing support from teachers and the community for the SunSmart Policy and its implementation.

• Encourage all students to wear hats and SPF 30+ broad spectrum water resistant sunscreen, when exposed to the sun.

• Encourage students without adequate protection to use shaded or covered areas at recess and lunchtime.

• Ensure adequate protection for all staff and students involved in excursions and other outdoor activities requiring time in the sun.

• Encourage students to be actively involved in initiatives to protect the school population from excessive exposure to the sun.

PROCEDURE

The College program and procedures will involve the students in a variety of learning activities to develop the knowledge, attitudes and skills relevant to personal skin protection.

• expect students and staff to wear hats that provide adequate shade.

• encourage students and staff to:

- wear clothing that is made from a closely woven fibre;

• apply SPF 30+ broad spectrum, water resistant sunscreen before all outdoor activity and re-apply every two hours.

- wear appropriate sunglasses to protect the eyes.

• use shady areas and indoor venues whenever possible.

• provide shade and shelter, where possible, at outdoor sporting functions, particularly if held between 10.00am and 2.00pm (11.00am and 3.00pm in summer).